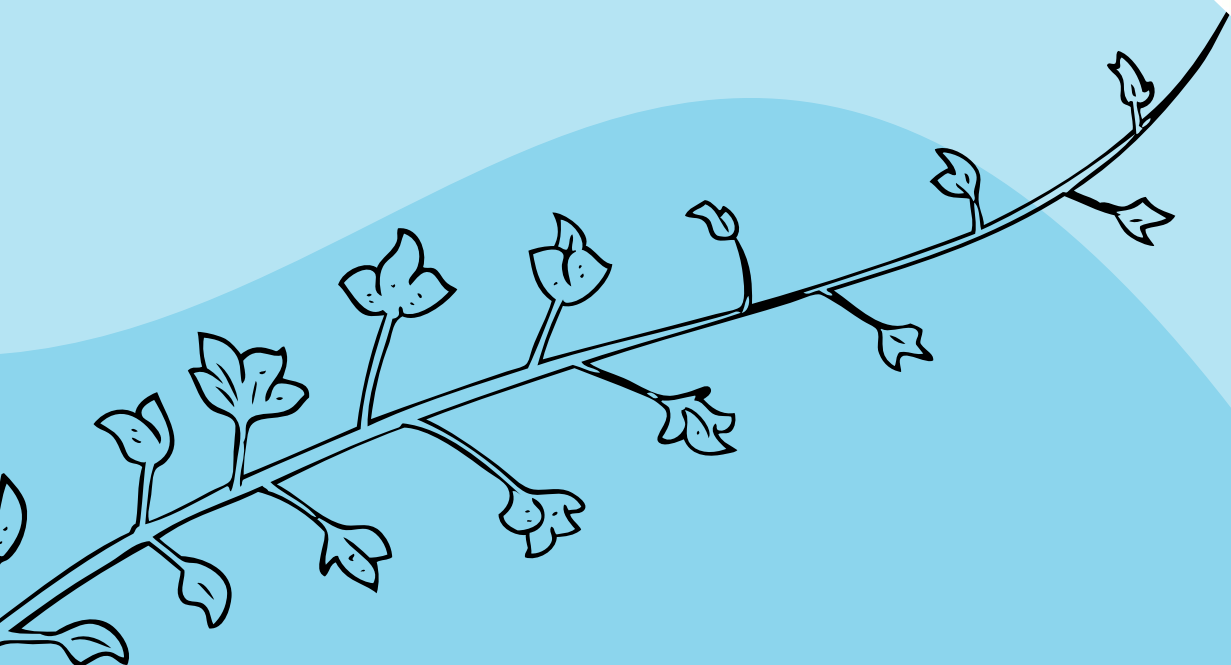
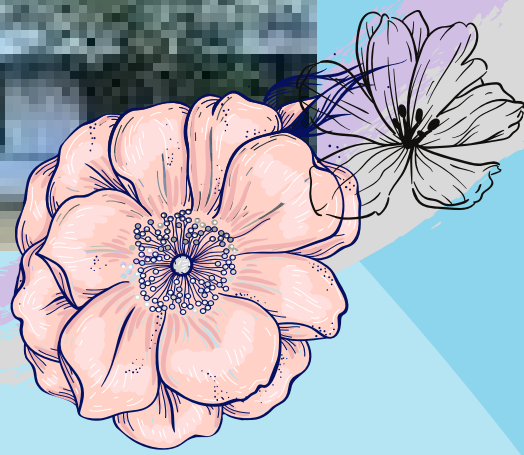
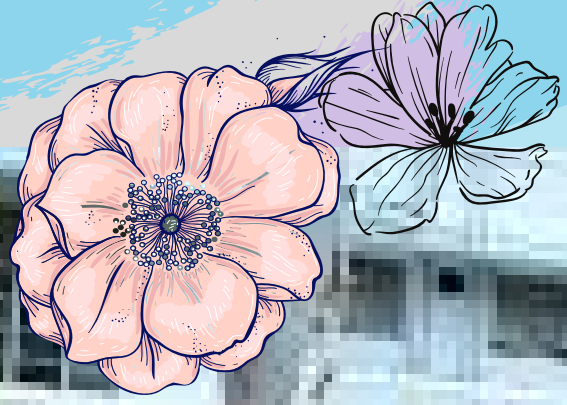


HAKUNA MATATA

BY THE 16CSE STUDENTS OF MODERN HIGH SCHOOL FOR GIRLS.



EDITORIAL

"A teacher takes a hand, opens a mind and touches a heart"

In the course of life, every person learns and grows to who they ultimately become. The most important teachers of all- Nature and the Universe. Life blooms in the flowers and plants, teaching us that there is beauty in everything. We can learn a lot from Nature, if only we could spare some time to ponder and listen to her. Mother Nature has stories since the beginning of time and lessons to teach since the universe was born. Our first teachers are our parents. They teach us our values and they always support us through everything we do. From the protective circles of our homes, we move into the warm embrace of our teachers. We take roots in our schools and it becomes our sanctuary for the rest of our school life.

That is what Modern High School for Girls is for all of us.
Home.

It is more than just a school. It is a safe haven where we can be ourselves and be proud of who we are.

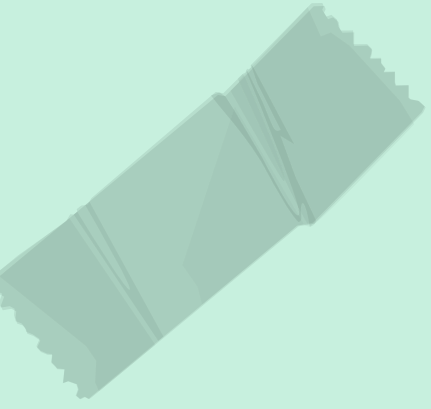
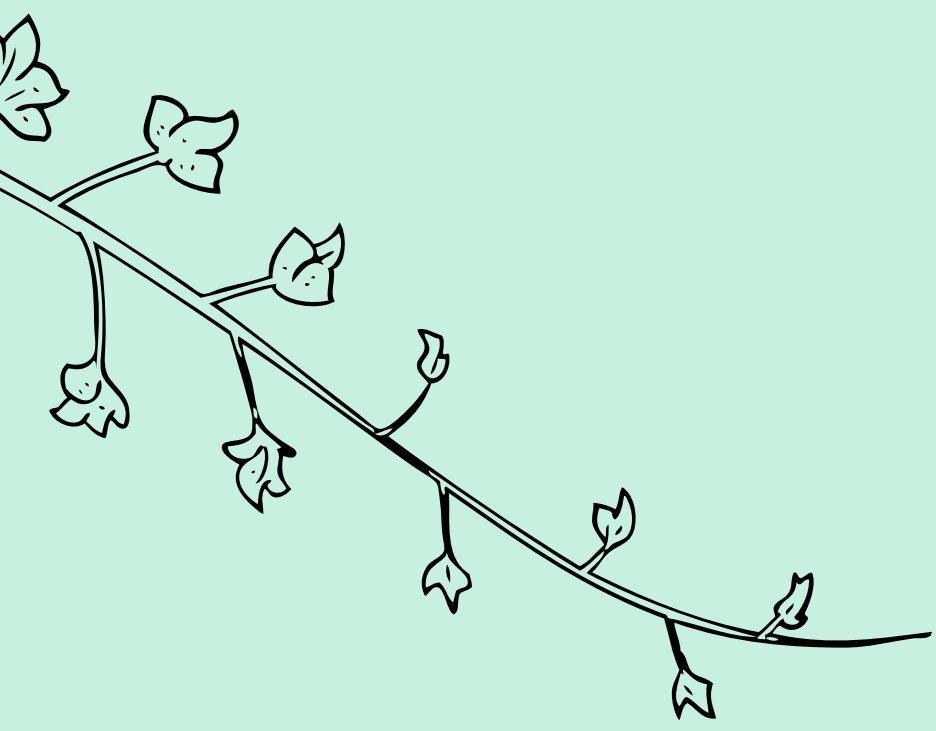
MHS would not be the same without Mrs. I. Roy scolding us almost every day for our uniforms, Mrs Confectioner's pep talk before every big event we had in Junior School and our performance nerves before presenting to Mrs. Kar and Mrs. Mukherjee. And also thank you, to our amazing teachers, Britannica, Wikipedia, SparkNotes, and Quora! At the end of each year, I anxiously await for the next, to see who my teachers for the next year would be. There is never any end to teaching and learning. It is a never-ending wheel of learning that never stops turning. There is something to learn from every person in our lives.

Our teachers have supported us through everything. In IGCSE, we would not be able to excel without our amazing teachers, who have always got our backs. This edition is for all our teachers. Present and past. You have done so much for us and we only hope that one we can show you how grateful we truly are for your guidance. This special issue is dedicated to all our fantastic teachers.

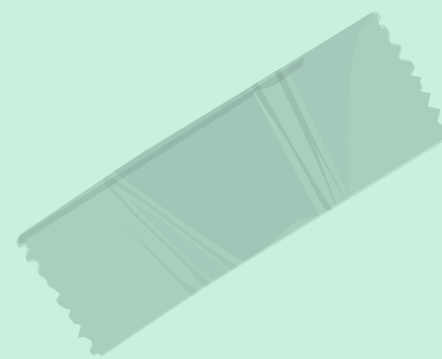
We love you.

Sanjana C Mittra,
Chief Editor.





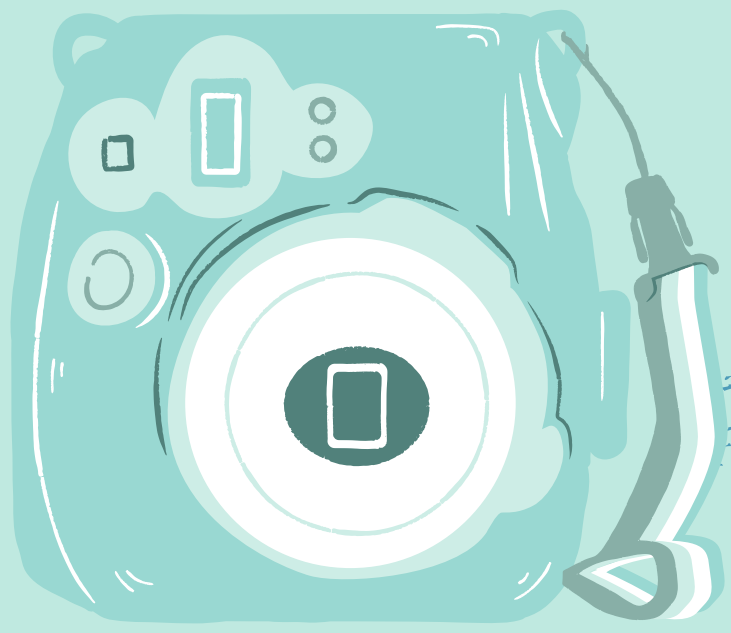
BEIRUT EXPLOSION- On the 4th of August, a large scale and extremely destructive explosion in Beirut, Lebanon sent shock waves throughout the world. This explosion was sudden and cost the lives of around 180 people, with as many as around 6,000 people injured. The total economic loss is speculated to have amounted to 15 billion dollars, with damages worth 3 billion dollars. This incident sparked anti-government protests which had been going on for long, but had come to a halt due to the pandemic. The people were extremely angry due to the negligence shown by the government and officials, since the root cause of this blast was a large amount of ammonium nitrate, which was stored in a port in Beirut for the past few years. What sparked the blast is still unknown. After this blast, several officials even resigned. Lebanon's economy was crashing, and this explosion caused even more damage. However, during this difficult time, the people of Beirut helped each other immensely. Several people came out and cleaned the streets, provided aid and so on. International bodies and several other countries took the initiative of sending aid to Lebanon and helping its people. During this time, several Lebanese people, who had lost their faith in the government even sent out requests and messages, asking people to donate to Lebanese and international organisations, from where aid could actually be provided, instead of the government. This incident was one of the most horrific tragedies of this year. However the spirit of Lebanon remains untouched as millions of people came out to help one another amidst this devastation.



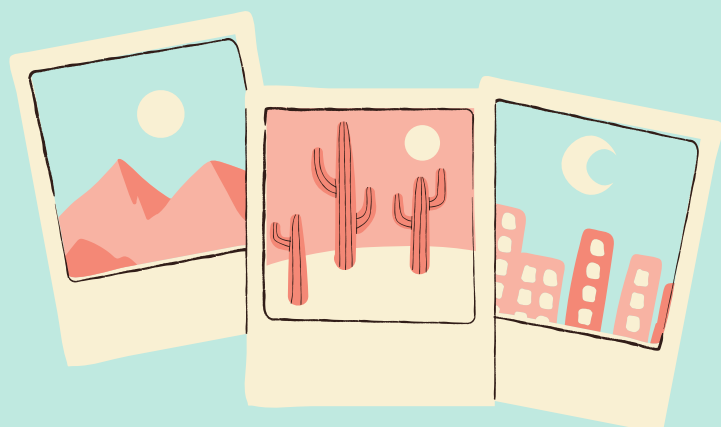
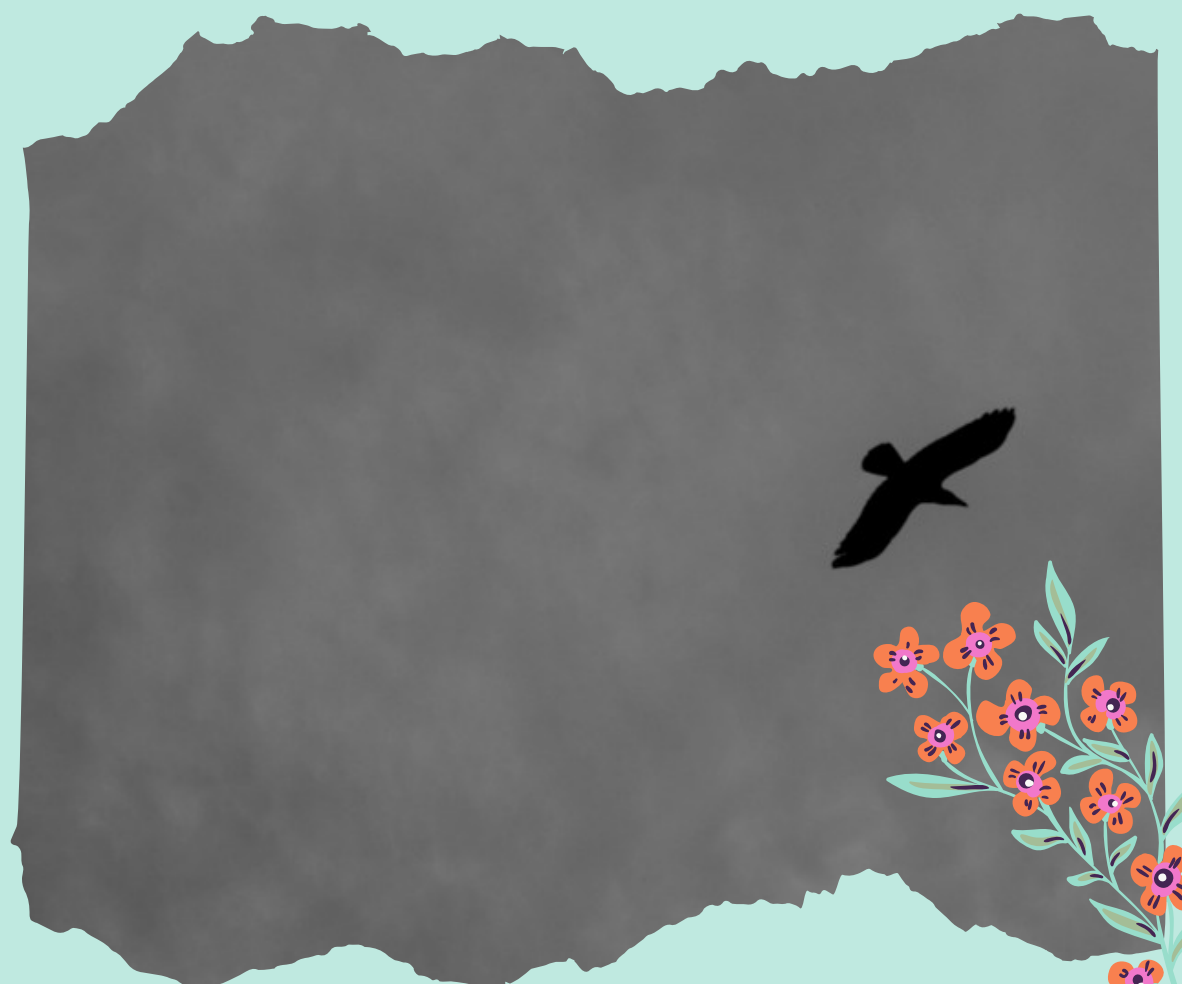


NEW ZEALAND - Battling Covid in mid-March, as the coronavirus pandemic began to take hold in Europe and the United States, New Zealand's Prime Minister Jacinda Ardern presented her country with a choice of either letting the country remain as it is and go through a pandemic or go under strict lockdown so that the people would be safe. The second option was what the country decided to go through and soon after strict lockdown, travel bans, and absolutely no movement of the citizens, New Zealand became one of the first countries to record no cases for 100 days and became completely Covid free. However now around 13 cases have been registered in New Zealand mostly from outside travel, and because of this Jacinda Ardern has delayed the 2020 elections, which is one of the few times in the history of New Zealand. She has taken the difficult task of completely eradicating Covid- 19 from the country and several people are doubting her ability to do so. It prompted outrage from New Zealand's opposition parties, who have questioned whether the government has been able to uphold their end of the bargain. "The Government has one job: keep the virus out of our community so we can avoid lockdowns. It has failed and we are all paying the price." said David Seymour, the leader of right-wing minority party ACT. However, Jacinda Arden one of the few women prime ministers and also one of the youngest leaders of the world, she has worked extensively to tackle several issues in New Zealand, such as period poverty by introducing free sanitary products in the country's schools. New Zealand follows in the footsteps of Scotland, which passed a bill in Parliament for a similar scheme in February this year. She has also worked towards the eradication of poverty and child labour education. Though hard to believe, it is also speculated that she may lead New Zealand into becoming a country with no cases of COVID19. She has been praised for her empathetic response to the mosque shootings that took place last year as well.



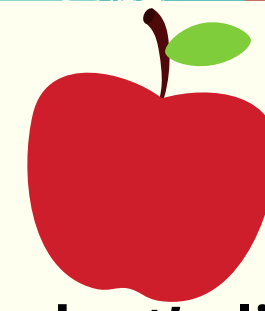


PHOTOGRAPHY





TEACHERS



It is not an exaggeration to say that a great teacher can change a student's life. There are innumerable stories about amazing teachers that attest to the benefits of a strong relationship between an educator and pupil. As some of the most influential role models that help students grow and develop, teachers are responsible for more than just academic enrichment. If you want to be an exceptional educator, you must be able to connect with your pupils on multiple levels. Some of the best teachers are devoted to the well-being of their students, both within and beyond the classroom. By endowing strong relationships, our teachers are able to virtually affect every aspect of our lives, teaching us important life lessons that help us succeed beyond term papers and standardised assessments. A great teacher makes learning fun, stimulating and engaging. Undoubtedly, lessons are pivotal to academic success, however it is motivation and positive reinforcement that go a long way in preparing the students for the biggest exam of their life- Life itself.

Have you ever had a teacher who inspired and motivated you to work harder or to pursue a particular goal? Were you inspired to become an educator by one of your own great teachers? Inspiring students is integral when encouraging them to maximise their potential and ensuring their success. Students who are encouraged by their teachers can accomplish incredible things, and that motivation almost always remains with them. Inspiration can also take on many forms, from helping a pupil through the academic year and their short-term goals, to guiding them towards their future career. Educators help their pupils pursue higher education, overcome difficulties, explore career opportunities and encourage them to participate in events that they might not have thought themselves to be capable of fulfilling. The interesting lessons planned by our teachers go way beyond what is in the syllabus. It includes a lot of storytelling, some role play, a little guesswork, a large number of personal anecdotes, some counselling and eventually, through this process, learning.

Over the last fourteen years, several teachers have come into our lives. With every turn of a page, our wonderful teachers are always willing to make numerous sacrifices - like a candle which burns itself to illuminate the path with its bright light. Their constant efforts to ensure that we return home (or leave our google classrooms) with a bag full of knowledge, is unprecedented. True teachers use themselves as bridges over which they invite their students to cross; then, having facilitated their journey, joyfully collapse, encouraging them to create bridges of their own.

This is exactly what our incredible IGCSE teachers have managed to do over just these past couple months. Irrespective of whether our teachers are strict disciplinarians or not, they are the individuals who fuel our creativity and have made us believe in ourselves. Even though they are the scariest of people when we have unfinished assignments hidden away in our desks and despite our struggles, they inspire us each day, to be better human beings. They strengthen our confidence and help us to rectify our mistakes so that we can learn from them and rise from the ashes just like a phoenix.





Sports without coaches is like vanilla ice cream without hot fudge – pointless. More often than not, people are oblivious to the hard work, dedication and sacrifices put in by teachers in order for their students to shine through and make their mark in the pages of history. In sports, coaches play a very vital role in an athlete's life and career. They groom, guide, inspire, support and most importantly believe in them constantly, regardless of their wins or losses. In the same manner that Leonard is to Sheldon, Kirk is to Spock, Butch Cassidy is to the Sundance Kid and Vincent Vega is to Jules Winnfield, coaches are to athletes. One cannot suffice without the other!

This Teachers' Day, let's take a look at some of the evergreen model teachers who have shaped some of the most successful careers in the history of Indian sports.

1. Ramakant Achrekar

The man behind one of the greatest legacies in the cricketing world, Ramakant Achrekar was the coach who trained Sachin Tendulkar. The first to notice Sachin's talent, he took him under his wing and would often take him to one of the several maidans in Mumbai where he would routinely destroy the opposition bowlers. Apart from Tendulkar, he has also coached various other cricketers who went on to play for India, including Vinod Kambli, Ajit Agarkar, Pravin Amre, and Sanjay Bangar.



2. Pullela Gopichand

Pullela Gopichand is probably the best and most successful sports coach India has ever had in any game. A legendary player in his days, Pullela Gopichand turned to coaching after his retirement. Gopichand set up the 'Gopichand Badminton Academy' in Hyderabad in 2008. However, he had to face several difficulties in order to set up the academy. The current captain of the Indian badminton team had to put his house on mortgage despite receiving a donation of ₹50 million from a famous industrialist, Nimmagadda Prasad. Nevertheless, once the academy was established, Gopichand started producing badminton jewels. Both of India's Olympic medallists in badminton, Saina Nehwal and PV Sindhu, have graduated from Gopichand's academy. Srikanth Kidambi, Parupalli Kashyap, B. Sai Praneeth and many more, have also been part of the Gopichand academy and are now making a name for themselves on the international circuit.



3. Mahavir Phogat

The Haryana-born wrestler wasn't the most celebrated athlete during his times however, what he achieved in coaching was absolutely jaw dropping. In the then male-dominated sport, Mahavir trained his daughters Geeta and Babita Phogat in the art of wrestling from an early age. Geeta Phogat soon became the first Indian female wrestler to win the gold medal in wrestling at the 2010 Commonwealth Games and her sister Babita also won the Silver at the same competition in the 51 kg category. Both sisters followed it with success at the World Championship and the Asian Games as well. Mahavir also trained his niece Vinesh Phogat, who went on to win two consecutive Gold medals at the 2014 and 2018 Commonwealth Games.

Additionally, his two other students-- Ritu, his third daughter, and Priyanka, his niece, - are also making waves in wrestling. Ritu won Gold at the 2016 Commonwealth Wrestling Championship, and Priyanka won the Silver at the 2016 Asian Wrestling Championship. It is due to his tireless efforts That five girls from the same finally are now acclaimed international wrestlers. Mahavir Phogat also went on to win the well-deserved Dronacharya Award in 2016.



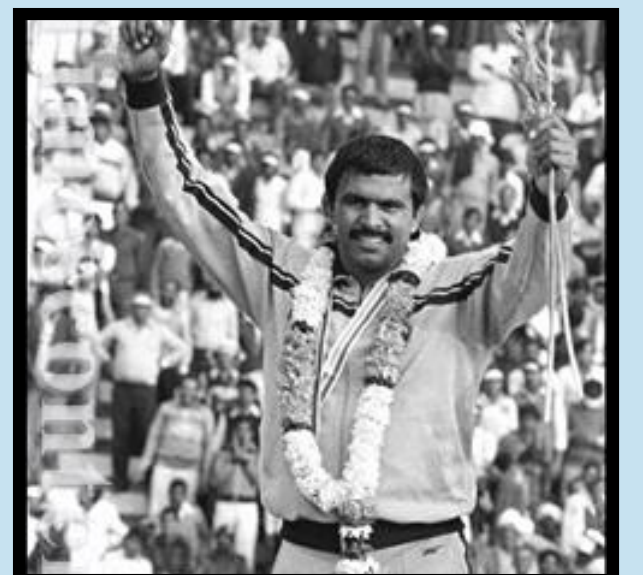
4. Cyrus Poncha

Cyrus Poncha is the reason behind India's incredible rise in Squash, one of the least discussed games in the country. He is the current coach of the Indian squash Academy in Chennai and he continues to create spectacular players. His current batch of students are already making waves on the world stage. His two students, Dipika Pallikal and Joshna Chinappa, are two of the biggest Squash stars in India. The duo won the Gold medal at the 2014 Commonwealth Games in doubles event and Silver at the 2018 Games. Dipika further went on to become the first ever Indian to break into the top 10 of the world! Another star player, who has been coached by Cyrus Poncha, is Saurav Ghosal. Saurav has won 5 titles and 10 tour finals along with a Gold at the 2014 Asian Games. His current worldwide ranking is no. 13, while his personal highest was 10 (in April, 2019). Poncha has also won the Dronacharya Award in 2005 and was named coach of the year by the Asian Squash Federation in 2004, 2009, 2012, 2014 and 2016.



5. Satpal Singh

An Asian Games Gold medallist during his playing days, Satpal Singh is the coach of the only Indian, to win medals at two different Olympics - Sushil Kumar. Satpal was an eminent wrestler in the 1980s and won the Gold medal at the 1982 Asian Games. However, it was his coaching career, which made him one of the most famous names in the Indian wrestling fraternity. Satpal has been the coach of the wrestling Akhada in Delhi since 1988. Yet, it was his star student, Sushil Kumar who made him proud at the world's biggest stage. Sushil won the Bronze medal at the 2008 Olympics and followed it with a Silver four years later. To this day, he remains the only athlete from India, to have won medals at two different Olympic Games and Satpal Singh played an essential role in Sushil's historic success. The renowned coach has received the Arjuna award in 1974, the Padma Shri in 1983, the Dronacharya award in 2009 and the Padma Bhushan in 2015.



TEACHERS' DAY

“Teaching is a very noble profession that shapes the character, caliber, and future of an individual. If the people remember me as a good teacher that will be the biggest honour for me.” The above words were said by the scientist, former President and universal teacher- Dr A. P. J. Abdul Kalam. Even after his passing, he is fondly remembered today and will be reminisced for generations to come. This is the reason why we celebrate Teachers' Day- to honour our teachers with gratitude and love.

Teachers' Day is celebrated in India on 5th September but is celebrated across the world on various other days. In India, it is celebrated to honour the birth of the second President of India, Dr. Sarvepalli Radhakrishnan - a famous philosopher, scholar and teacher. His dedicated work towards education marked this day as an important occasion in the history of India. We celebrate it by putting up shows and functions for our teachers at school, give them cards and gifts and of course, wish them 'Happy Teachers' Day'. But, in other countries, it is celebrated in various other ways.

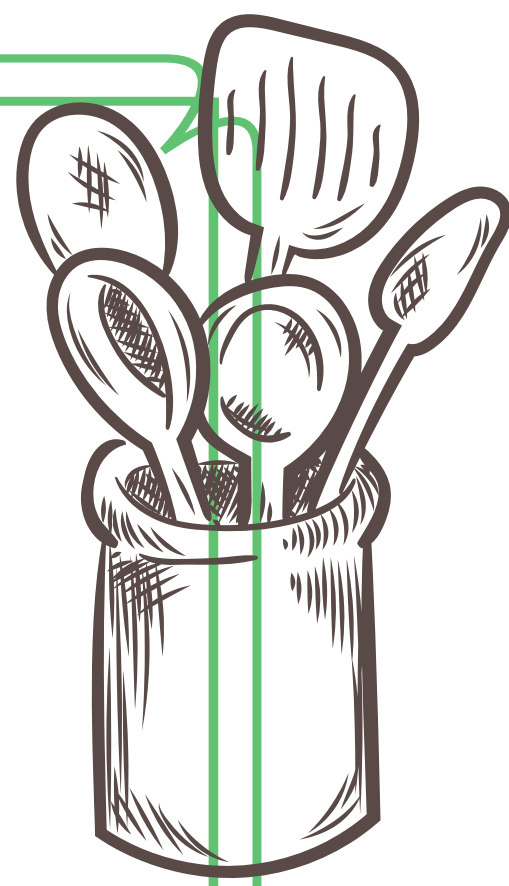
Internationally, Teachers' Day is celebrated on October 5th.

However, Australia celebrates Teachers' Day on the last Friday of October. Schools in Australia usually have a holiday during this time, which is why it is celebrated on this day in particular. If it coincides with halloween, the festivities are shifted to November. The students give the teachers gifts, while the teachers get a day off on 5th October.

In China, Teachers' Day is celebrated on 10th September . The Chinese rightly believe that teachers should be respected and thus, they take this day as an opportunity to show meaningful gestures to their teachers to let them know that they are grateful for their education. On this day, the teachers are given a day off, along with dried meat as gifts. The Chinese started this celebration to thank Confucius for all that he had done. They respected him. Traditional Chinese schools have ceremonies where the student has to kneel down on the ground and offer gifts to their teachers.

Teachers have influenced people's lives in so many ways that it is only natural for us to celebrate them and their efforts. People all across the world celebrate Teachers' Day. It is a way to unite us and bring us together to remember the people behind our success.

RECIPE



CHEESY POTATO PARADISE

Servings: 4 people.

🕒 Preparation Time: 30 minutes .

Ingredients:

500g baby potatoes.

200g mozzarella cheese.

1 cup milk.

2 ½ tbsp all purpose flour.

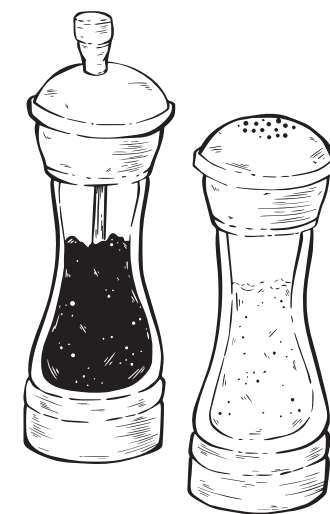
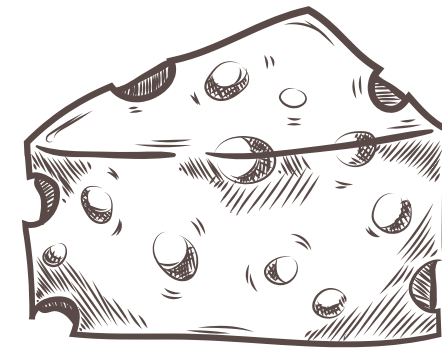
1 ½ tbsp butter.

½ tsp of chopped parsley.

Oregano/Chilli flakes to taste.

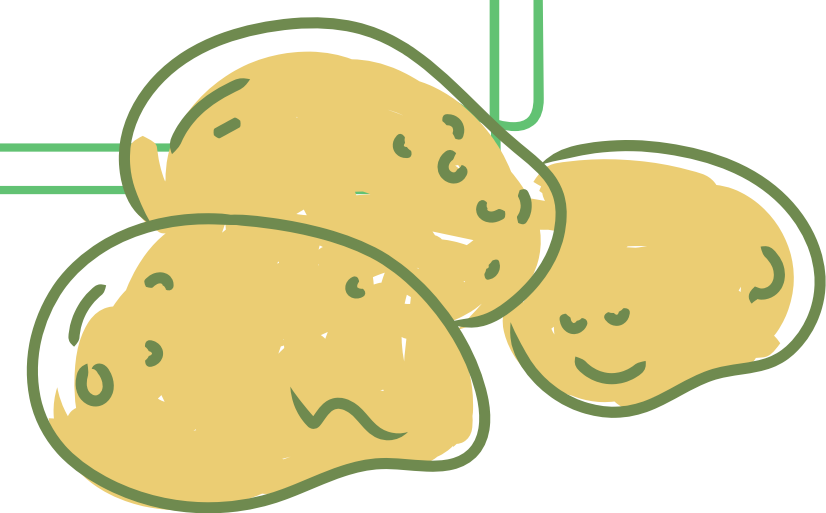
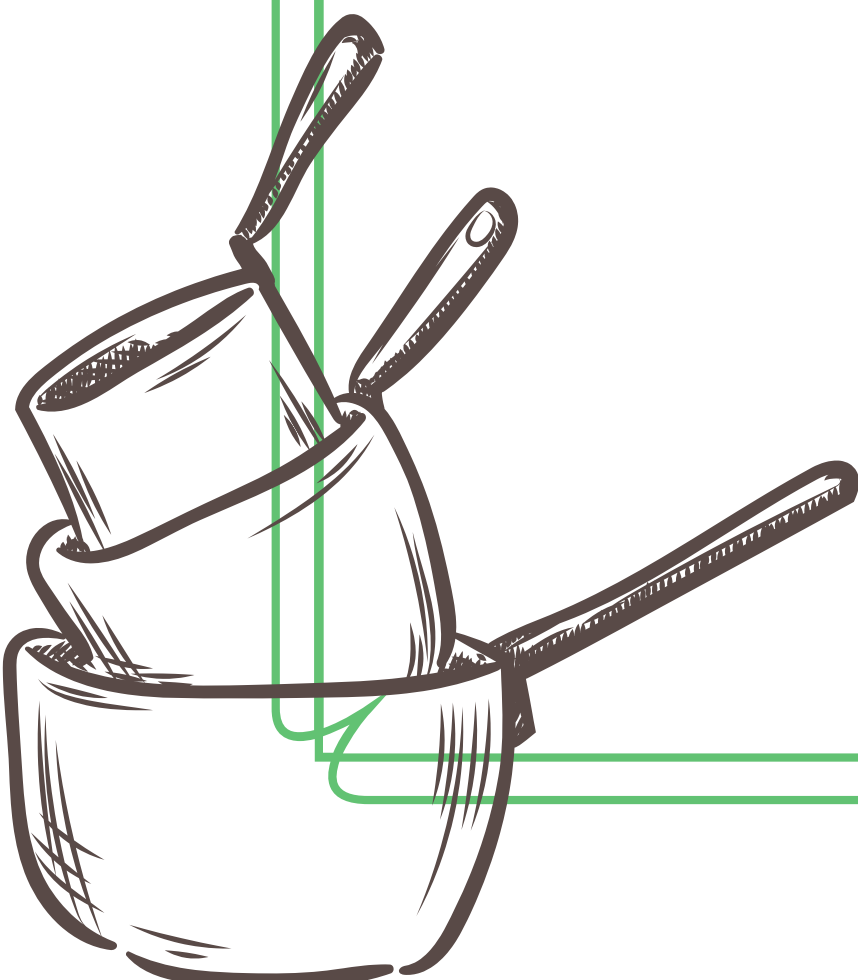
½ tsp White Sugar.

Pepper and Salt to taste.



Method:

- Boil the baby potatoes along with their skin. After boiling, set aside for cooling.
- To make white sauce, Heat a pan (keep the flame at low). Add the butter, all purpose flour and saute it.
- Then add milk and keep stirring. See that no lumps are formed.
- Add sugar, salt, white pepper, a little bit of oregano and parsley. Once it thickens, keep it aside.
- Preheat the oven at 250 degrees for 10 minutes.
- Meanwhile, put the baby potatoes in a baking dish and add the white sauce prepared.
- Mix well. Sprinkle a good amount of grated mozzarella cheese on top. Sprinkle some oregano and parsley.
- When the oven is heated, place the baking dish and bake the potatoes for 10 minutes at 250 degrees (change the time and temperature depending on your oven) and till the colour of the cheese becomes a little brownish.
- After baking, take out the dish from the oven and sprinkle some red chilli flakes and oregano on top.
- Serve hot with garlic bread.
- Enjoy!





MUSIC

TEACHERS: The heroes that harmonise our learning

"We always don't agree on
What is the best way to get
To the place that we're going from here
But I can really trust you, and give you the distance
To make your decisions without any fear"

This is an extract from the song "I learnt from you", by the famous country music artist, Billy Ray Cyrus. These lines perfectly encapsulate the relationship between a student and a teacher.

As students, we often do not agree with homework or two tests on the same day, even though our teachers show their faith in us. However, in the end, that extra homework helps us to learn an important life skill- time management. In addition, it teaches us to have more faith in ourselves and strive harder for academic success. In this case it would imply a win win for both students and teachers.

Lockdown teaching has posed a huge problem for both teachers and students in this situation. We students find it difficult to pay attention on an online platform, while teachers experience difficulties teaching us without seeing our faces. Our education system is changing rapidly and we have to accept that. The quote "But our teachers are often expected to reach unattainable goals with inadequate tools, and the thing is, that they usually do" by psychologist Haim Ginott, could not have been more correct. So, this Teachers' Day I have prepared a special playlist for teachers.

A TEACHER'S TEMPO:
Sheryl Crow - If it makes you happy
George Michael - Father figure
Madonna - Cherish
Whitney Houston - How Will I know
Janet Jackson - Control
Bryan Adams - Summer of '69
Bruce Springsteen - Glory Days
Elvis Presley - Its now or never
Beach boys - Wouldn't it be nice



TEAM MEMBERS

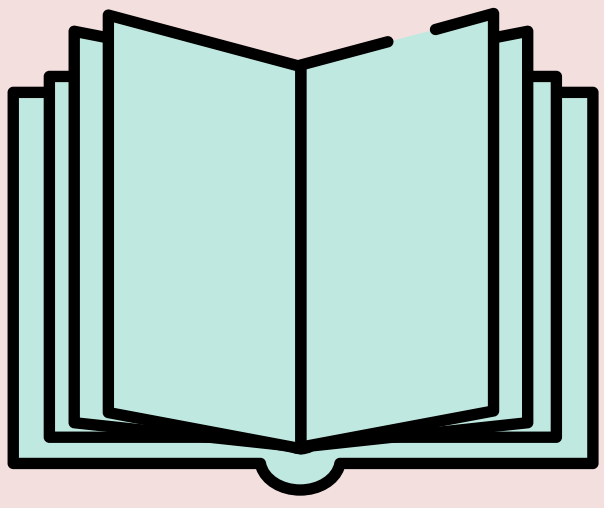
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